CAA Fall Soccer
Recreation League Rules

	K-1 Graders	**2nd Graders**	**3-4th Graders**	**5-6th Graders**	**7-9th Graders**
Format	3 v 3 (3 Field Players & No Goalie)	4 v 4 (4 Field Players & No Goalie)	6 v 6 (5 Field Players & Goalie)	6 v 6 (5 Field Players & Goalie)	6 v 6 (5 Field Players & Goalie)
Field Size	40 X 60	40 X 60	40 X 70	40 X 70	40 X 70
Ball Size	# 3	# 3	# 4	# 5	# 5
Game Length	Two 20 Minute Halves (5 Minute Halftime)	Two 20 Minute Halves (5 Minute Halftime)	Two 25 Minute Halves (5 Minute Halftime)	Two 25 Minute Halves (5 Minute Halftime)	Two 25 Minute Halves (5 Minute Halftime)
Referees	No	No	Yes	Yes	Yes
Substitution	Allowed at any stoppage of play	Allowed at any stoppage of play	Allowed at any stoppage of play	Allowed at any stoppage of play	Allowed at any stoppage of play
Throw-Ins	Dribble	Kick	If done incorrectly on 1st attempt, referee or coach will explain correct way. Play will resume with 2nd attempt, even if done incorrectly	Throw In	Throw In
Goal Kick	Dribble- FIFA Laws Apply – No Opponent can be within 5 yards	Kick- FIFA Laws Apply – No Opponent can be within 5 yards	FIFA Laws Apply – No Opponent can be within 5 yards	FIFA Laws Apply – No Opponent can be within 5 yards	FIFA Laws Apply – No Opponent can be within 5 yards
Corner Kick	Dribble- FIFA Laws Apply – No Opponent can be within 5 yards	Kick FIFA Laws Apply – No Opponent can be within 5 yards -	FIFA Laws Apply – No Opponent can be within 5 yards	FIFA Laws Apply – No Opponent can be within 5 yards	FIFA Laws Apply – No Opponent can be within 5 yards
Offsides	Not if Effect. Coaches will instruct kids that are “camping out” to clear the area	Not if Effect. Coaches will instruct kids that are “camping out” to clear the area	Not if Effect. Referees will instruct kids that are “camping out” to clear the area	Offsides is Enforced (Indirect Kick)	Offsides is Enforced (Indirect Kick)

	K-1 Graders	2nd Graders	3-4th Graders	5-6th Graders	7-9th Graders
Fouls & Misconduct <u>Indirect Kicks</u> Awarded for certain infractions such as Offsides, Charging, Obstruction, Dangerous Play	N/A	N/A	A goal <u>can not</u> be scored on an Indirect Kick. The kicking player may not touch the ball until it is touched by another player. Kicking Team must wait for signal from Referee. Opposing Team must give 5 yards clearance.	A goal <u>can not</u> be scored on an Indirect Kick. The kicking player may not touch the ball until it is touched by another player. Kicking Team must wait for signal from Referee. Opposing Team must give 5 yards clearance.	A goal <u>can not</u> be scored on an Indirect Kick. The kicking player may not touch the ball until it is touched by another player. Kicking Team must wait for signal from Referee. Opposing Team must give 5 yards clearance.
Fouls & Misconduct <u>Direct Kicks</u> Awarded for intentionally playing the ball with the hands to gain an advantage, Pushing, Holding, Hitting, Kicking, Tripping (or an attempt to kick or trip)	N/A	N/A	A goal <u>can</u> be scored on a Direct Kick. The kicking player may not touch the ball until it is touched by another player. Kicking Team must wait for signal from Referee. Opposing Team must give 5 yards clearance.	A goal <u>can</u> be scored on a Direct Kick. The kicking player may not touch the ball until it is touched by another player. Kicking Team must wait for signal from Referee. Opposing Team must give 5 yards clearance.	A goal <u>can</u> be scored on a Direct Kick. The kicking player may not touch the ball until it is touched by another player. Kicking Team must wait for signal from Referee. Opposing Team must give 5 yards clearance.

	K-1 Graders	**2nd Graders**	**3-4th Graders**	**5-6th Graders**	**7-9th Graders**
Penalty Kick	No Penalty Kicks. If the field does not have a Penalty Area marked, the Penalty Area will be the same as the Goal Area. If a foul that would result in a direct free kick is committed in the Penalty (Goal) area, a “modified penalty kick” is awarded. Place the ball 10 yards from the goal line near the spot of the foul. Restart as a direct free kick. Opposing Team must give 5 yards clearance.	No Penalty Kicks. If the field does not have a Penalty Area marked, the Penalty Area will be the same as the Goal Area. If a foul that would result in a direct free kick is committed in the Penalty (Goal) area, a “modified penalty kick” is awarded. Place the ball 10 yards from the goal line near the spot of the foul. Restart as a direct free kick. Opposing Team must give 5 yards clearance.	No Penalty Kicks. If the field does not have a Penalty Area marked, the Penalty Area will be the same as the Goal Area. If a foul that would result in a direct free kick is committed in the Penalty (Goal) area, a “modified penalty kick” is awarded. Place the ball 10 yards from the goal line near the spot of the foul. Restart as a direct free kick. Opposing Team must give 5 yards clearance.	No Penalty Kicks. If the field does not have a Penalty Area marked, the Penalty Area will be the same as the Goal Area. If a foul that would result in a direct free kick is committed in the Penalty (Goal) area, a “modified penalty kick” is awarded. Place the ball 10 yards from the goal line near the spot of the foul. Restart as a direct free kick. Opposing Team must give 5 yards clearance.	No Penalty Kicks. If the field does not have a Penalty Area marked, the Penalty Area will be the same as the Goal Area. If a foul that would result in a direct free kick is committed in the Penalty (Goal) area, a “modified penalty kick” is awarded. Place the ball 10 yards from the goal line near the spot of the foul. Restart as a direct free kick. Opposing Team must give 5 yards clearance.
Spectators	Both Teams will be on one side of the field. Spectators will be on the opposite side	Both Teams will be on one side of the field. Spectators will be on the opposite side	Both Teams will be on one side of the field. Spectators will be on the opposite side	Both Teams will be on one side of the field. Spectators will be on the opposite side	Both Teams will be on one side of the field. Spectators will be on the opposite side

CAA Fall Soccer

Basic Soccer Rules for All Age Groups

- Equipment – Shin Pads are mandatory and must be covered by socks. Metal Cleats are not allowed. For safety reasons, no jewelry can be worn during play (includes watches, bracelets, earrings and necklaces). Prescription glasses may be worn if attached with a strap.

- A Kick-Off begins the first half and the second half, during which the opposing team cannot be within 10 yards of the ball. The initial touch must be directed forward and touched by a second player, before being touched a second time by the first player handling the ball.

- The Goaltender may only use his/her hands within the goal area (Penalty Box). No Player other than the Goaltender may use his/her hands within the field of play.

- A Throw-In is awarded when the ball is kicked out of bounds, past the sidelines. Play will resume with a Throw-In by the opposite team that last touched the ball before it went out of bounds. The throwing player may not touch the ball until another player touches it. If done incorrectly, possession changes. See Above for CAA Modified Rules.

- A Goal-Kick is awarded to the team defending the goal whenever the ball is kicked out of bounds past the end lines by the opposing team. Place the ball on the corner of the Goal Area on the side of the field where the ball went out. The ball can be played by the Goaltender or any field player.

- A Corner-Kick is awarded to the team attacking the goal whenever the ball is kicked out of bounds past the end lines by the defending team. The kicking player may not touch the ball until another player touches it.

- Penalty Kicks are awarded for hand-balls, tripping, pushing, elbowing, kicking opposing players, sliding tackles, poor sportsmanship, and dangerous play infractions. Whenever play is resumed with a penalty kick, the opposing team cannot be within 5 yards of the ball. See Above for Types of Penalty Kicks and CAA Modified Rules.

- Offsides – A player is in an offside position if he/she is nearer to the opponents goal line than both the ball and the last defender (not including the goaltender). A player in an offside position is only penalized if he/she is involved in active play. There is no offside offense if the player receives the ball directly from a Goal-Kick, a Throw-In, or a Corner-Kick. See Above for CAA Modified Rules.